

# JUNE

18th-19th  
Oklahoma  
City, OK

Meadow Brook  
Intermediate  
9am-3:30pm



# ACTION BASED LEARNING SUMMIT

NATIONAL TRAINING EVENT FOR EDUCATORS

This action-packed training provides simple movement strategies to improve learning in the classroom. ABL uses neuroscience to transform education through movement!



## Movement & Academics

Use movement  
to improve academics,  
mood & student  
engagement



## Innovative Ideas & Strategies

Learn new brain based  
activities to apply  
immediately



## Creating Active School Culture

Collaborate with top  
educators from active  
schools around the nation

**Attendees receive 16hrs Professional Development**

**Hands on, High Energy Training Includes Catered Lunch & Free Classroom Giveaways**

**\$595 Registration:** [www.abllab.com](http://www.abllab.com) **E:** [actionbasedlearning@kidsfit.com](mailto:actionbasedlearning@kidsfit.com) **PH:** (843) 879-2201



# OKLAHOMA CITY, OK

## EVENT DETAILS

**TRAINING LOCATION:** *Meadow Brook Intermediate* 12500 SW 15th. Yukon, OK 73099

**HOTEL:** *Hyatt Place Oklahoma City-Bricktown* 20 Russell M Perry Avenue Oklahoma City, OK 73104  
(16 miles from training)  
*Fairfield Inn and Suites* 1520 Garth Brooks Blvd (3 miles from training)

**ARRIVAL TIME:** Attendees should arrive by 9:00 am for the start of the Summit each morning. Note, for those arriving early, attendees will only be able to get into the building after 8:30 am.

**Check-in & Certificates:** Please sign in at the check-in desk all 3 days to receive your certificate on the last day of the training.

**On-Site Purchases:** If you plan to purchase any ABL items at the training, you may receive an on-site discount. Pay by Venmo (@ablsummit) or Purchase Order. No cash/No Checks

### WHAT TO BRING:

- Dress Comfortably; we will be moving!
- Personal Water Bottle (encouraged, not required)
- Bring an extra layer (temperature varies in breakout rooms)
- Notebook/Spiral preferred (laptops OK, wifi/charging outlets are limited)
- If planning to purchase ABL merchandise on-site, we take Venmo and POs only.

### SESSIONS:

Please note doors will not open prior to 8:30 am  
8:30am - 9:15am Check-In  
9:15 am: Training Start Time  
9:30am-11:30am Morning Session  
11:30 am-12:30 pm LUNCH  
12:30 pm-2 pm Afternoon Session  
2 pm-3:30 pm Closing Session

### LUNCH:

Lunch will be provided on-site each day, as well as light snacks. If you have an allergy/medical restriction to any types of food, please alert us at the time of registration, and we will do our best to accommodate. If you request an accommodation in your meal, we will have your meal set aside for you.

### DIRECTIONS:

Attendees may park in the Meadow Brook Intermediate parking lot and enter through the main doors. This is the entrance off of SW 15th St.

**Rental Car:** Unless otherwise stated, attendees are responsible for getting to and from the training location each day. There is no transit bus. If you plan to go without a car, make sure to check the distance from your hotel to the training site. To inquire about traveling with the ABL team to the event, email [ablacademy@kidsfit.com](mailto:ablacademy@kidsfit.com).

### Airport:

Will Rogers World Airport (OKC) is 29 miles from the Training Center (approximately 35 minute drive)