

2 DAY PROFESSIONAL DEVELOPMENT WORKSHOP

TEACHING HOW THE BRAIN LEARNS BEST

**JULY
8-9
2025**

JULY 8TH-9TH - \$495 Registration Fee

This Action Based Learning 2 Day Workshop is a professional development event designed to empower educators with cutting-edge strategies to **enhance student engagement, boost academic performance, and reduce behavioral challenges**. Grounded in the latest research linking movement and learning, this workshop explores how **active learning** transforms education through hands-on, brain-based approaches.

LEARN TEACHING STRATEGIES THAT CAN BE IMPLEMENTED IMMEDIATELY TO SUPPORT:

- Classroom Management
- SEL Health
- Managing Stress
- Linking to Content, Movement Strategies to Support Math and ELA
- Positive Behavior Intervention Support



Thanks to our partners for making this event possible!



REGISTER NOW!

Registration Includes:
12 Hr Certificate
Lunch Both Days

School Partner Discounts Available!

Register at www.ablacademy.com or contact ablacademy@kidsfit.com

CHARLES HASKELL ELEMENTARY SCHOOL
1701 NW 150TH ST, EDMOND, OK 73013

This Event is hosted by Action Based Learning in partnership with the Oklahoma State Department and Healthy Schools Oklahoma. For Professional Development Credit, please request a certificate of attendance. Space is limited, this training session will fill up quickly! Questions? Email ablacademy@kidsfit.com.



OKLAHOMA CITY, OK

TRAINING LOCATION: *Charles Haskell Elementary 1701 NW 150th St, Edmond, OK 73013*

HOTEL: *Hyatt Place Oklahoma City-Bricktown 20 Russell M Perry Avenue Oklahoma City, OK 73104*
(14 miles from training)
Fairfield Inn and Suites 1520 Garth Brooks Blvd (24 miles from training)

ARRIVAL TIME: Attendees should arrive by 9:00 am for the start of the workshop each morning. Note, for those arriving early, attendees will only be able to get into the building after 8:30 am.

Check-in & Certificates: Please sign in at the check-in desk all 2 days to receive your certificate on the last day of the training.

On-Site Purchases: If you plan to purchase any ABL items at the training, you may receive an on-site discount. Pay by Venmo (@ablsummit) or Purchase Order. No cash/No Checks

WHAT TO BRING:

- Dress Comfortably; we will be moving!
- Personal Water Bottle (encouraged, not required)
- Bring an extra layer (temperature varies in breakout rooms)
- Notebook/Spiral preferred (laptops OK, wifi/charging outlets are limited)
- If planning to purchase ABL merchandise on-site, we take Venmo and POs only.

SESSIONS:

Please note doors will not open prior to 8:30 am
8:45am-9:00am: Check in time
9:00am-11:30am: Keynote with Jean!
11:30am-12:15pm: LUNCH
12:30pm-1:30pm: Breakout Sessions
1:45pm-2:45pm: Breakout Session
3:00pm-3:30pm: Ending on a high note group session!
Day 2 schedule will be handed out when arrive!

LUNCH:

Lunch will be provided on-site each day, as well as light snacks. If you have an allergy/medical restriction to any types of food, please alert us at the time of registration, and we will do our best to accommodate! If you request an accommodation in your meal, we will have your meal set aside for you.

DIRECTIONS:

Attendees may park in the Charles Haskell Elementary parking lot and enter through the main doors.

Rental Car: Unless otherwise stated, attendees are responsible for getting to and from the training location each day. There is no transit bus. If you plan to go without a car, make sure to check the distance from your hotel to the training site. To inquire about traveling with the ABL team to the event, email ablacademy@kidsfit.com.

Airport:

Will Rogers World Airport (OKC) 7100 Terminal Dr, Oklahoma City, OK 73159 (20 miles from training)