ABL
ACTION BASED LEARNING

EARN **RECOGNITION**.
ELEVATE YOUR **IMPACT**.
TRANSFORM **LEARNING**.

ABL KINESTHETIC CLASSROOM CERTIFICATION

The ABL Kinesthetic Classroom Certification equips educators with practical, neuroscience-based strategies that increase student engagement, improve focus, and support learning through purposeful movement.

THE IMPACT YOU'LL MAKE

- INCREASE ENGAGEMENT
- IMPROVE FOCUS
- TEACH ANY SUBJECT
- BUILD POSITIVE CULTURE
- READY-TO-USE STRATEGIES
- IMPROVE OUTCOMES

MOVE. LEARN. THRIVE.

About the Course

WHAT YOU'LL LEARN:

Understand the Brain–Body Connection

Discover how movement impacts cognition, attention, and memory.

Use Kinesthetic Teaching Strategies

Integrate movement into daily instruction with simple, effective methods.

Teach Across All Content Areas

Apply movement-based strategies to reading, math, science, and more.

Build Classroom Management Skills

Create structure and smooth transitions in active classrooms.

Design Movement-Rich Environments

Optimize layouts, zones, and furniture for movement.

Explore Labs & Implementation

Learn about ABL Labs, options, and best practices.

Recognized Certification
Stand out as a leader in brain-based teaching.

Classroom Starter Toolkit
Tools and resources to implement strategies immediately

Exclusive Educator Portal
Downloadable resources, lesson ideas, and ongoing support

Who is this For?

- Classroom teachers
- Interventionists
- PE teachers
- Instructional coaches
- Administrators & specialists
- Schools building a culture of movement

Equipment is *not* required

Designed for any educator who:

- Wants to incorporate movement into instruction
- Teach kinesthetically
- Create active learning experiences
- Use movement intentionally
- Develop movement-rich classrooms

Your Certification Pathway

ABL 101
Introduction to Action Based Learning

ABL 102
The 12 Foundations of Learning

ABL 355
Teaching Content using ABL Strategies

ABL 365
Brain Boosters & Class Cohesion

ABL 375
Optimizing the Learning Environment

This certification changed the way I teach. My students are more engaged, focused, and excited to learn every day.

— Certified ABL Educator

EARN. APPLY. LEAD.

Showcase your expertise and commitment to student success with a credential that opens doors and creates impact.

- ✓ Build confidence and credibility
- ✓ Lead movement in your school
- ✓ Make a lasting difference

READY TO BRING MOVEMENT TO LEARNING?
START YOUR JOURNEY TODAY.

ENROLL AT
ABLACADEMY.COM

100% ONLINE
Learn from anywhere

FLEXIBLE
Self-paced

TRUSTED
Backed by ABL research