



ABL SUMMIT

2027

**A PROFESSIONAL DEVELOPMENT
EVENT DESIGNED TO**
empower educators

with cutting-edge strategies to enhance student engagement and achievement using purposeful movement activities.



KEY topics

- ✿ **BOREDOM TO BRILLIANCE**
Effectively Using Brain Boosters to Increase Focus and Engagement
- ✿ **FOSTERING CLASS COHESION**
Create a Positive Learning Environment: Connection Before Content
- ✿ **CONTENT ACTIVITIES**
To Create a Physically Active, Student-Centered Learning Environment
- ✿ **USING NEUROSCIENCE**
to Build Better Brains in the classroom.
- ✿ **BRAIN-FRIENDLY**
Classroom Management Techniques

attend and see how schools
across the US are
transforming
learning through movement

TRANSFORMING THE
HEALTH, WELLNESS,
AND EDUCATION OF
ALL CHILDREN
THROUGH MOVEMENT!

DEVELOPMENTAL *objectives*



TEACHING STRATEGIES

that can be implemented
immediately to help support all
areas of learning

LEAD BY ABL
FOUNDER

**DR. JEAN
MOIZE**



CONCEPTS

linking standard core
curriculum with movement
strategies to support all content
areas including math and ELA



ACTIVITIES

Applicable to classroom
management, ESL, SEL, PBIS,
MTSS, and IEP planning

TEACHING HOW THE BRAIN *learns best*

ABL teaching methodology uses
movement with intention. Learn fun,
simple, science backed strategies to
incorporate movement into learning
which improves student focus,
engagement, and academic
achievement.



**INCLUDES DAILY
LUNCH & TAKE-
HOME TEACHER
RESOURCE KIT**



**18 hrs of
PROFESSIONAL
DEVELOPMENT**

STANDARD RATE: \$895



**REGISTER BY
MARCH 1
FOR \$100 OFF!
USE CODE:**

SUMMITEARLY

To request a quote beforehand, please
contact us BY PHONE OR EMAIL:

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